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A scientific convention on World Homoeopathy Day:
‘Homoeoparivar – Sarvajan Swasthya, One Health One Family’ – A conference report

Babita Rani Kondle  
*Central Council for Research in Homoeopathy, New Delhi, India, babitajamwal801@gmail.com*

Divya Taneja  
*Central Council for Research in Homoeopathy, New Delhi, India, drdivyataneja@gmail.com*

Subhash Kaushik  
*Central Council for Research in Homoeopathy, New Delhi, India, subhashccrh@gmail.com*

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Abstract
The Central Council for Research in Homoeopathy organised a scientific convention on World Homoeopathy Day on April 10th, 2023, at Vigyan Bhavan, New Delhi, to commemorate the 268th birth anniversary of Dr. Christian Friedrich Samuel Hahnemann. The conference's theme was 'Sarvajan Swasthya Homoeoparivar – One Health, One Family'. The convention's aim was to come together in this profession as a Family/Parivar to collate the experiences of policymakers, researchers and practitioners to create a harmonious growth of Homoeopathy and to achieve the potential that Homoeopathy reaches each household of the country as the first line of treatment.

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A scientific convention on World Homoeopathy Day: ‘Homoeoparivar – Sarvajan Swasthya, One Health One Family’ – A conference report

Babita Rani Kondle*, Divya Taneja, Subhash Kaushik
Central Council for Research in Homoeopathy, New Delhi, India

Abstract

The Central Council for Research in Homoeopathy organised a scientific convention on World Homoeopathy Day on April 10th, 2023, at Vigyan Bhavan, New Delhi, to commemorate the 268th birth anniversary of Dr. Christian Friedrich Samuel Hahnemann. The conference’s theme was ‘Sarvajan Swasthya Homoeoparivar – One Health, One Family’. The convention’s aim was to come together in this profession as a Family/Parivar to collate the experiences of policymakers, researchers and practitioners to create a harmonious growth of Homoeopathy and to achieve the potential that Homoeopathy reaches each household of the country as the first line of treatment.

Keywords: Advancement, Clinical research, Integration, Monograph, One health-one nation, Strategic framework, Up-to-date, World Homoeopathy Day

Introduction

A scientific convention on World Homoeopathy Day (WHD) was held to commemorate the 268th birth anniversary of Dr. Christian Friedrich Samuel Hahnemann on April 10th, 2023 at Vigyan Bhawan, New Delhi. The theme for WHD 2023 this year, organised by Central Council for Research in Homoeopathy (CCRH) was ‘Sarvajan Swasthya Homoeoparivar – One Health, One Family’ [Figure 1]. The theme conveyed that Homoeopathy provides a holistic, safe and effective healthcare solution for everyone in the family; the theme was in accordance with the G20 theme of 2023 – ‘Vasudhaiva Kutumbakam’ – ‘One Earth One Family One Future’.

Inaugural Ceremony

The ceremony was inaugurated by the Honourable Vice President of India, Shri Jagdeep Dhankar. Shri Sarbendra Sonowal, Honourable Union Minister, Ministry of Ayush, Ministry of Ports, Shipping and Waterways and Dr. Mahendrabhai Munipara, Honourable Minister of State (MoS) for Ministry of Ayush and MoS for Ministry of Women and Child Development were also present along with Shri Manoj Rajoria, Member of Parliament and Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush.

Shri Jagdeep Dhankar ji addressed the pre-eminences of Homoeopathy with a rich history spanning over two centuries and became a significant factor in contributing to the diverse array of healthcare options for people in India.

He focussed that true happiness is closely tied to good health and a meaningful life can only be built on a healthy body and suggested all citizens work diligently to uphold India’s reputation and protect the nation’s dignity and pride. He emphasised the importance of unity and belief in the ‘Vasudhaiva Kutumbakam’ principle, which means recognising the whole world as one family.

He encouraged Indians to take pride in their health workers, scientists and innovations and to nurture self-respect. He stressed the importance of maintaining vital physical and mental health while staying dedicated to the nation, especially...
considering the challenging global circumstances. He has encouraged everyone to allocate at least 1 h of their busy lives to maintain good physical health and contribute to the nation. He wished everyone a great success and good health.

Shri Sarbananda Sonowal addressed the gathering and informed that the World Health Organization has given the responsibility of developing the traditional and complementary system of medicine to India only for taking these powerful systems to greater heights with honesty, responsibility, ability, dedication, devotion, commitment and discipline worldwide. He encouraged the researchers and practitioners to keep their 100% effort towards the development of the Ayush systems.

Dr. Mahendrabhai Munjpara complimented the Council’s scientists for their contributions to the war against COVID-19 and post-COVID complaints using homoeopathic medicines for the prevention and treatment of patients. In addition, the recognition and spread of Ayush services have increased tremendously. He extended his greetings to the medical profession on the WHD.

Dr. Manoj Rajoria, Member of Parliament, said that he finds Homoeopathy particularly special due to its unique perspective. He has learned that Homoeopathy stands apart in recognising that human beings are not merely one-dimensional; rather, they encompass 4 distinct dimensions – mind, body, spirit and emotions. It is Homoeopathy alone that comprehends and integrates these 4 dimensions, enabling the selection of individualised medicines.

Vaidya Rajesh Kotecha addressed that the Ministry of Ayush has dedicated special days to commemorate each Ayush healthcare system. WHD is celebrated on the birth anniversary of Dr. Christian Friedrich Samuel Hahnemann, whose life mission was to perfect the system of treatment and healing that brings no additional suffering to the patient. He said that the Ministry of Ayush has given prime importance to research and the Ministry has initiated many schemes and programmes to ensure the generation of scientific evidence and research in Ayush systems. The merging of science with tradition to preserve traditional knowledge in practices will ensure that their continuation for future generations will provide patients with safe and effective treatment options.

**Releases During The Convention**

The guests released the publications and presentation of CCRH. The releases were facilitated by Dr Subhash Kaushik, Director General, CCRH. The releases were: souvenir of the convention, Drug Monograph of Indian drug – *Cephalandra indica*, Drug Monograph of Indian drug – *Syzygium jambolanan* and Drug Monograph of Indian drug – *Ephedra vulgaris*, Activities and Achievements of CCRH, Therapeutic compendium on COVID-19 (revised edition), Standard Treatment Guidelines Volume-IV, Clinical Verification Volume-VI and Indian Journal of Research in Homoeopathy Volume 17/Issue 1 [Figure 2].

Two short films on outreach programmes of CCRH with the title – ‘Homoeopathy aur se chor tak’ and ‘History of Homoeopathy in Northeast India’ were also released. The web portal of the CCRH e-Library Consortium was also released.

**Sessions**

After an exchange of Memorandum of Understanding (MoUs) between CCRH and homoeopathic medical colleges, four technical sessions were held. The session-wise speaker’s details are given in Table 1.

**Exchange of MoUs**

Under the initiative of linking research with education to give impetus to research development in colleges and inculcate research aptitude amongst students and faculties. CCRH has been signing MoUs with homoeopathic medical colleges and running scholarship programmes for undergraduate and postgraduate students. Encouraged by the response from medical colleges in the past, MoUs were signed with 71 homoeopathic medical colleges on cooperation, training and research.

Shri Sarbananda Sonowal, Honorable Union Cabinet Minister, Ministry of Ayush, Ministry of Ports, Shipping and Waterways
Table 1: WHD 2023 sessions

Session 1: Policy aspects in the development of Homoeopathy

Chairpersons:
- Shri Sarbananda Sonowal, Honorable Union Cabinet Minister, Ministry of Ayush, Ministry of Ports, Shipping and Waterways, Government of India.
- Dr Mahendrabhai Munjapara, Honorable Minister of State, Ministry of Ayush and Ministry of Women and Child Development, Government of India.

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<tr>
<th>Name</th>
<th>Designation</th>
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<tbody>
<tr>
<td>Shri. Ajit M. Sharan</td>
<td>Former Secretary of the Ministry of Ayush</td>
<td>Strategising homoeopathic Research, Education and Practice</td>
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<tr>
<td>Shri. Rahul Sharma</td>
<td>Joint Secretary, Ministry of Ayush</td>
<td>Homoeopathy in Public Health</td>
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<tr>
<td>Dr. Sangeeta A. Duggal</td>
<td>Advisor Homoeopathy, Ministry of Ayush</td>
<td>Pharmacovigilance</td>
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<td>Moderator: Dr. Divya Taneja</td>
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Session 2: Strategic framework for advancements of Homoeopathy

Chairpersons:
- Dr. V. K. Gupta, Chairman, Scientific Advisory Board, CCRH.
- Prof. (Dr). Chaturbhuj Naray, Chairman, Special Committee of Fundamental Research, CCRH.

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<tr>
<td>Dr. Anil Khurana</td>
<td>Chairman, National Commission for Homoeopathy</td>
<td>Educational Reforms in Homoeopathy</td>
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<tr>
<td>Dr. Raj K. Manchanda</td>
<td>Director, Ayush Delhi</td>
<td>Strategies and Methods for homoeopathic Research</td>
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<tr>
<td>Dr. K. Madan Gopal</td>
<td>Senior Consultant, NITI AYOG</td>
<td>Developing Homoeopathy in India</td>
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<tr>
<td>Moderator:</td>
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Session 3: Research Evidence in Homoeopathy

Chairpersons:
- Prof. Nirmal Kumar Ganguly, Former DG, Indian Council of Medical Research.
- Dr. L.K. Nanda, Chairman, Special Committee for Clinical Research, CCRH
- Dr. S.P. Singh, Chairman, Special Committee for Drug Standardisation, CCRH.

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<tr>
<td>Dr. Subash Kaushik</td>
<td>Director General, CCRH</td>
<td>Evidence on Homoeopathy in Clinical Research</td>
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<tr>
<td>Dr. Shailendra Saxena</td>
<td>Vice dean, Professor and Head, centre for advanced research, king George’s medical university, Lucknow</td>
<td>Pre-clinical Research in Homoeopathy</td>
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<tr>
<td>Dr. IVRS Vinod</td>
<td>Associate Director APAC (products)</td>
<td>Up-To-Date: Clinical Decision Support Tool</td>
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<td>Moderator:</td>
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Session 4: Expertise and Experience in homoeopathic Practice

Chairpersons:
- Dr. S.K. Tiwari, Chairman Special Committee for Drug Proving, CCRH.
- Dr. JD Daryani, Senior homeopathic Practitioner, Jaipur

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<tr>
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<tr>
<td>Dr. Subash Singh</td>
<td>Director, National Institute of Homoeopathy, Kolkata</td>
<td>Clinical Experiences</td>
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<tr>
<td>Dr. Rathi Chakravarthy</td>
<td>Senior homeopathic Practitioner, Kolkata</td>
<td>Clinical Experiences in Homoeopathy</td>
</tr>
<tr>
<td>Dr. Jaswant Patil</td>
<td>Cardiologist and Senior homeopathic Practitioner, Mumbai</td>
<td>Integrative Medicine</td>
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<td>Moderator:</td>
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The session was moderated by Dr. Debadatta Nayak, Research Officer (H)/S- 3, CCRH and Dr. Anupriya Research Officer (H)/S- 2, CCRH, New Delhi.

Policy Aspects in the Development of Homoeopathy

The session was chaired by Shri Sarbananda Sonowal, Honorable Union Cabinet Minister, Ministry of Ayush, Ministry of Ports, Shipping and Waterways. Dr Mahendrabhai Munjapara, Honorable MoS, Ministry of Ayush and Ministry of Women and Child Development.
The discussion in the session was focussed on Integrative Care to promote and advance Homoeopathy in the country and about the challenges faced by traditional medicines and Homoeopathy. India is developing its unique model of integrative care with protocols for cross-referring patients between different medical systems. The potential of Homoeopathy in providing complementary treatment alongside modern and other complementary medicines needs to be expanded considering its usefulness in combating the side effects of conventional treatment and addressing antimicrobial resistance.

The National Health Policy of India gives significant importance to the complementary, alternative and traditional systems of medicine and highlights the goals of changing health priorities, promoting the growth of the health industry, reducing medical expenses and fostering economic growth.

The session also focussed on the sustainable development goals, particularly Goal 3, which emphasises good health and well-being. The Government of India has designated primary health centres as wellness centres, aiming to achieve this goal by 2030 and promote overall development, peace and prosperity, increased global awareness of health and focus on dealing with pandemics. Under the National Ayush Mission, co-located Ayush facilities have been established in these wellness centres, increasing access to homoeopathic treatments.

The concept of wellness centres integrates modern, complementary and traditional medicines providing more choices to patients. Homoeopathy in India has experienced transformative changes in the past 8–10 years, with revamped regulations, increased transparency and concrete efforts of all stakeholders.

A significant growth of hospitals, dispensaries and colleges in Homoeopathy indicates the increasing demand for the system.

The participants of the convention were apprised of the National Pharmacovigilance Program for Ayurveda, Siddha, Unani and Homoeopathy being undertaken under the Ministry of Ayush. The ayushsuraksha.com platform was introduced as a means for reporting adverse drug reactions and misleading advertisements. This step of the Ministry of Ayush further enhances safety provisions for the patients and ensures the highest quality of care.

**Research Evidence in Homoeopathy**

The session was chaired by Prof. Nirmal Kumar Ganguly, Former Director General, ICMR, Dr. L.K. Nanda, Chairman of the Special Committee for Clinical Research, CCRH and Dr. S.P. Singh, Chairman of the Special Committee for Drug Standardisation, CCRH.

Under the Ministry of Ayush, CCRH under capable leadership is involved in various research activities aimed at promoting and developing scientific research in Homoeopathy. With institutes and units across India, CCRH develops, undertakes, coordinates and disseminates research both, fundamental and applied in Homoeopathy, apart from providing basic healthcare services [Figure 3].

Homoeopathy requires modernisation of drug development strategy involving proving the original material, assessing clinical efficacy and, at the same time, understanding the molecular
mechanisms and pharmacological action. There is a need for further molecular research using tools such as polymerase chain reaction, biomarker analysis and genetic association.

A presentation on data and research on Multimedia tools ‘Up-To-Date’ was also held to apprise the delegates on the evolving artificial intelligence-supported tools for clinical decision-making.

**EXPERTISE AND EXPERIENCE IN HOMOEOPATHIC PRACTICE**

The session was chaired by Dr. S.K. Tiwari, Chairman of the Special Committee for Drug Proving, CCRH and Dr. J.D. Daryani, Senior homoeopathic Practitioner, Jaipur.

The session highlighted the importance of learning from the clinical experiences of homoeopathic practitioners.

The cases presented during the session highlighted varied approaches used in the profession. The deliberations focused on consolidating clinical experiences, identifying the patient requirement, disease processes and pace and need for standalone homoeopathic treatment vis-a-vis integrated approaches.

Synergistic and cooperative approaches, along with factual recording of cases, would lead to the identification and development of strategies to base practices for the treatment of patients irrespective of the ‘pathy conflicts’ [Figure 4].

**VALEDICTORY SESSION**

Mrs. Meenakshi Lekhi, MoS for External Affairs and Ministry of Culture was the chief guest for this session. The valedictory session was presided by Shri Rahul Sharma, Joint Secretary Ministry of Ayush, Dr. Anil Khurana, Chairman, NCH, Dr. Sangeeta A. Duggal, Advisor Homoeopathy, Ministry of Ayush, Dr. Nandini Sharma, Member Governing Body, CCRH and Dr. Subhash Kaushik, Director General, CCRH.

Mrs. Meenakshi Lekhi acknowledged India’s significant role in the development and promotion of Homoeopathy and recognises India as a global hub for Homoeopathy with numerous colleges and research institutions. She emphasised on the need for unity and collaboration in promoting and advancing Homoeopathy [Figure 5].

In this session discussion on the challenges faced by Homoeopathy in gaining acceptance within the scientific community while acknowledging its clinical successes and popularity amongst the general population was held. There was an emphasis on the importance of practicing classical Homoeopathy, validating its effectiveness and high-quality publication of clinical case reports and case series. The speakers mentioned the evidence provided by studies utilising biomedical approaches.
The summary and concluding remark of the convention was presented by Dr Subhash Kaushik, Director General, CCRH. The solidarity that the leadership of the country has shown towards the profession is highly encouraging, the homoeopathic profession needs to come together as a ‘Parivar’ to collate their experiences to create a harmonious growth of homoeopathy and achieve the potential that this system can reach as a first line of treatment in every household.

**Financial support and sponsorship**
Nil.

**Conflicts of interest**
None declared.
Une convention scientifique à l’occasion de la Journée mondiale de l’homéopathie : “Homoeo Parivar- Sarvajan Swasthya – One Health One Family” – Un rapport de conférence

Le Conseil central pour la recherche en homéopathie a organisé une convention scientifique à l’occasion de la Journée mondiale de l’homéopathie le 10 avril 2023, à Vigyan Bhavan, New Delhi, pour commémorer le 268e anniversaire de naissance du Dr Christian Friedrich Samuel Hahnemann. Le thème de la conférence était « Sarvajan Swasthya Homoeoparivar – Une santé, une famille ». L’objectif de la conférence était de se réunir dans cette profession en tant que Famille/Parivar pour rassembler les expériences des décideurs politiques, des chercheurs et des praticiens afin de créer une croissance harmonieuse de l’homéopathie et de réaliser le potentiel que l’homéopathie atteigne chaque foyer du pays en première ligne. De traitement.

Eine wissenschaftliche Tagung zum Welthomöopathietag: "Homoeo Parivar- Sarvajan Swasthya - One Health One Family"- Ein Konferenzbericht


Una convención científica sobre el Día Mundial de la Homeopatía: “Homoo Parivar- Sarvajan Swasthya - Una Salud Una Familia”- Informe de la Conferencia

El Consejo Central de Investigación en Homeopatía organizó una convención científica en el Día Mundial de la Homeopatía el 10 de abril de 2023, en Vigyan Bhavan, Nueva Delhi, para conmemorar el 268 aniversario del nacimiento del Dr. Christian Friedrich Samuel Hahnemann. El tema de la conferencia fue “Sarvajan Swasthya Homoeoparivar - Una salud, una familia”. El objetivo de la convención era reunirse en esta profesión como una Familia/Parivar para cotejar las experiencias de los responsables políticos, investigadores y profesionales para crear un crecimiento armonioso de la Homeopatía y alcanzar el potencial de que la Homeopatía llegue a cada hogar del país como primera línea de tratamiento.