

Lycopodium clavatum for urolithiasis

Dear Editor,

We read the publication on '*Lycopodium clavatum* for the management of urolithiasis: A randomised double blind placebo controlled trial' with a great interest.^[1] Bhalerao *et al.* concluded that 'Homoeopathy medicine *Lycopodium clavatum* did not show significant results in expulsion/dissolution of the renal calculi in comparison with placebo'.^[1] We would like to share ideas and experience from our setting in Indochina. In our region, *Lycopodium clavatum* is well known as a traditional herb. In Thai traditional regimen, *Lycopodium clavatum* is mentioned for its advantage in the management of several medical disorders including renal and liver problems. The active alkaloids that can be extracted from *Lycopodium clavatum* are believed to be active ingredients.^[2] There are some recent reports confirming the usefulness of *Lycopodium clavatum*. For example, the hepatoprotective effect of *Lycopodium clavatum* is confirmed in an animal model study.^[3] Regarding the effect on urinary tract stone, it is still not clarified for the exact pharmacological action of *Lycopodium clavatum*, but it might be the pH adjustment in the urinary tract that might further result in the dissolution of stone and expulsion.

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